

nhvic conference 2020



PROGRAM OUTLINE

WEDNESDAY 4 MARCH (PRE-CONFERENCE DAY)

Attendance on this day is only required if:

- you are enrolled in the master class and/or
- you have a Premium, Gold or Twin Share package

**12-4 Master class:
Bridges Out of Poverty**
Discover how economic class affects behaviours and mindsets, the hidden rules of generational poverty, and how to assist people from poverty. *You must have a Premium package or purchased the masterclass as an add-on to attend.

2 Accommodation check-in opens

**4.30 NHCP Guidelines Review
consultation workshop**
Provide your ideas and feedback to DHHS. Pre-registration required.

7 BBQ Buffet
Optional, add-on dinner.
You must have pre-booked, otherwise you can dine at the Mantra restaurant or elsewhere in Lorne.

**8.30 Outdoor film screening:
Ferris Bueller's
Day Off**
Kick-back, relax and enjoy this 80s classic. Popcorn, snacks and drinks available for purchase.



THURSDAY 5 MARCH

From 7 Breakfast
For accommodation-package attendees

8 Yoga class
Optional half hour class with a professional instructor. Pre-registration required.

8.30 Registration and tea/coffee

9 Opening
Including Welcome to Country, President's Welcome

**9.30 Keynote:
Tracey Spicer**



10.30 Morning tea
Tracey will sign copies of 'The Good Girl Stripped Bare'

11 Connecting for outcomes
Rachel Otago, DHHS

11.30 Breakout workshops

- Act Local for Global Results
- Know Your ABC(D)s
- Money 101
- Community-led Emergency Management
- Financial Security for You; Protection for our Planet

12.30 Lunch

1.20 Return to the main conference room to be shown to your next breakout.

1.25 Breakout workshops
Repeat of above workshops

Thanks to our sponsors:



THURSDAY 5 MARCH CONT...

- 2.30 Lightning talks**
Quick 10 minute presentations from neighbourhood houses about the valuable work they're doing in relation to community resilience and social inclusion.
- 3.10 Afternoon tea**
- 3.25 Lightning talks continued**
- 4.15 Social isolation and loneliness – what the research says**
David Perry, NHVic Policy & Research Officer
- 4.30 Conference day concludes**
- 5 Bare-foot bowls / Tennis**
Sign up on the day—first in, first served.
- 5.45 Oysters and Sparkling**
- 7 Gala Dinner—Back to the 80s**
Come dressed in your 80s best! Includes NHVic Awards presentation.



Marketplace

During the tea and lunch breaks, engage with relevant organisations at our marketplace and find out how they can support your neighbourhood house.



What to bring

We're taking measures to make our conference more environmentally sustainable. We no longer provide printed programs, showbags, pens and notepads.



Please bring with you:

- a smart phone, tablet or laptop to view the conference program online (or print off a copy prior)
- pens and notepad
- water bottle and keep cup
- a tote or reusable bag to store things you may receive at the marketplace
- your best 80s inspired outfit for the Gala Dinner
- a photo of yourself from the 80s for the Gala Dinner (if applicable!)

FRIDAY 6 MARCH

- From 7 Breakfast and checkout**
For accommodation-package attendees
- 8.30 Arrival tea/coffee**
- 9 Ministerial welcome**
Luke Donnellan MP
Minister for Disability, Ageing and Carers;
Child Protection
- 9.10 CEO Update**
Nicole Battle
- 9.30 Keynote: Samantha Gash**
- 10.30 Morning tea**
- 11 ACFE Update**
Maria Peters, ACFE Chairperson
- 11.20 Breakout workshops**
- Walk the Talk for Social Isolation
 - The 3Rs of Volunteering
 - Community Development Responses to Suicide Prevention
 - Tackling Food Insecurity
 - By the Book: Employment Law
- 12.30 Lunch**
- 1.15** Return to the main conference room to be shown to your next breakout.
- 1.25 Breakout workshops**
Repeat of the above workshops (except Employment Law replaced by Lead for Change—The Power of Grassroot Conversations)
- 2.30 Joan Kirner Oration**
Gayle Tierney MP
Minister for Skills and Training;
Higher Education
- 2.45 Closing with Nicole**



Share your conference experiences on social media



To view the program online:
nhvicconference2020.com

THURSDAY BREAKOUTS

You will get to attend two of the following:

Act Local for Global Results

Sophie Arnold,
United Nations Victoria



Neighbourhood houses work to create more just and sustainable communities - this is also at the heart of the United Nation's Sustainable Development Goals (SDGs). This session will look at how the SDGs can be incorporated into neighbourhood house policies and day to day activities, so you can demonstrate your impact from a global perspective.

Know your ABC(D)s

Michelle Dunscombe,
Jeder Institute



Asset Based Community Development (ABCD) is the approach of identifying and utilising the strengths within your community to create strong, empowered and self-determined communities. Explore simple tools we can use to support community-led initiatives and help support co-design of our house programs to encourage greater community participation.

Money 101

Maggie Mildenhall,
Good Shepherd



There are several reasons why people who visit neighbourhood houses may struggle managing their personal finances (e.g. domestic violence, a change in relationship status, loss of a parent etc). You can help them claim control of their own financial wellbeing. This train-the-trainer session will cover efficient ways to show people how to budget and manage bills, as well as tips on savings, interest, loans, credit, banking language and where to get help.

Financial security for you; protection for our planet

Leah Willis,
Australian Ethical



It's important to know what your money is invested in and that the impact you are having aligns with your values. This session will cover how ethical investing can provide you with a secure future while also making a positive impact on the planet, people and animals. Learn how to invest for the kind of world you want to live in, superannuation and how to secure your financial future, and how women can take control of their savings.

Community-led Emergency Management

Mary Farrow,
Emerald Community House



How would your house cope when faced with the impacts of climate extremes or disasters? Gain expert knowledge and share your own experiences in this workshop as you explore your own abilities in responding to challenging realistic scenarios.

FRIDAY BREAKOUTS

You will get to attend two of the following:

Walk the Talk for Social Isolation

Tara Henderson,
Heart Foundation



Take a look at the health benefits of making and maintaining social connections – and how the simple act of putting one foot in front of the other (i.e. walking!) can help address issues such as loneliness and social isolation for our hard to reach populations. Unpack strategies to engage and retain socially isolated populations in physical activity as a means of improving mental, emotional and physical health.

The 3Rs of Volunteering

Sara Sterling,
Volunteering Victoria



Volunteers are so important to the sustainability of neighbourhood houses, but is your organisation struggling to hold onto them? This session will use the National Standards for Volunteer Involvement to develop or improve existing volunteer programs so that your organisation can successfully recruit, retain and recognise the important contribution volunteers make; leading to longer retention rates and a healthy workplace culture.

Community Development Responses to Suicide Prevention

Tomas Passeggi,
Caloundra Community Centre



This session explores how the Community Development Method is being utilised to address suicide prevention at a local level by ordinary citizens, as well as how current public health initiatives focus disproportionately on the individual's risk factors at the cost of the social and cultural responses to suicide which are possible.

Lead for Change - Conversations Around Sexism

Anna Andersson, WIRE



Change community attitudes that underpin gendered violence through everyday conversations. You will learn skills to have safe, respectful and effective conversations with people at your neighbourhood house which challenge the condoning of violence against women, promote women's independence and decision making, challenge gender stereotypes, and strengthen positive, respectful and equal relationships.

*This session is only being held once in the afternoon. This is the same workshop held at the 2019 conference

Tackling Food Insecurity

Brien Baxter,
Foodbank Victoria



Food security is a growing issue in Victoria. Foodbank Victoria acts as the pantry to Victoria's charity sector, providing food and grocery items to more than 440 charity partners who run community food relief programs. More than 30 Victorian neighbourhood houses currently partner with Foodbank Victoria - find out how your house can help out those in your community who are struggling to put food on the table.

By the Book: Employment Law

Daniel Komesaroff,
Justice Connect



Realities in the sector such as fixed term funding and evolving programs can mean staff come and go or roles change frequently. Go through the key legal issues that arise when someone's position changes or when the employment relationship comes to an end.

*This session is only being held once in the morning